

**ROUND 2 QUICK QUOTES**  
**July 25, 2025**

**ALEX NOREN** (-10)



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**Q. Starting the day outside the cutline and started with a bogey but went off from there, how did you feel about your second round?**

**ALEX NOREN:** Yeah, I played great today, best I've played in a long time. Drove it better. I looked at my kind of stat sheet from yesterday and, you know, you just kind of -- I have higher ambitions than what I did yesterday. So I got frustrated and then woke up with a different like intent to the day. Yeah, I just, just pulled it together, yeah.

**Q. Is there any changes you made specifically after looking at stats yesterday?**

**ALEX NOREN:** Yeah, I kind of felt that I was coming out of the shot, like backing out of the shot, and hit the wedges too high, got too much spin. Same with the driver, kind of missed to the right.

Today I just kind of just get a feel like to go in front of the ball on the way down just to hit it lower, even though it doesn't go very much lower but just a feeling. I can actually, easier to turn the ball both ways, especially into these greens. When you stop them on the sides, you need to have a little bit of both curves on the ball. When you're too one dimensional, it's tough out here. Even though this place played like a lot of birdies out here, but you've still got to hit the shots.

**Q. How great is it see when you're working on something that it translates into competition?**

**ALEX NOREN:** Yeah, it's what you want. Today I understand why I love golf so much. It's a fantastic sport because it is tough and then when you get it right, it's lovely.

**Q. The past few months you've been coming back from injuries and some time off. Do you feel like you've found your groove?**

**ALEX NOREN:** Well, I found the groove quite early and then I kind of lost it. I don't know if -- you know, it's like when I said it was like a puzzle, like maybe working on things that are too difficult sometimes to achieve out on the golf course. And also trying to hit the ball a little bit harder with the driver, kind of sometimes when you -- not steering it out there but I hit it hard on the range than on the course, there's something wrong I think. Just trying to understand kind of the mental aspect of the shots and what shots I choose and all that. Today I kind of, you know, kind of worked on more that stuff than maybe like technical stuff.

**Q. Do you feel like you're back 100 percent with your body or are you still trying to**



**improve each day?**

**ALEX NOREN:** I can feel some stuff in the body, and also when I kind of mismanage, you know. You practice too much or practice too little, flying across the sea and stuff, I feel like I am 43 and I'm not 25 anymore. I know 43 is not an old age but like when you spend a long time on the course and a long time on the driving range, I feel like I'm the age I am. So I've got to take care of my body a little bit better.

**Q. Do you have any goals for the rest of the season or are you just taking it week by week?**

**ALEX NOREN:** Yeah, I have some goals. Like me and my caddie and my coach are trying to get to certain levels of shots and ball speed and what the body should feel like. Same with putting and chipping.

Not too many like result goals, more really getting back to kind of the level of being when I've been performing at my best and then trying to get above that but trying to reach that level first.

